

Making Everything Easier™

2nd Edition

Codependency

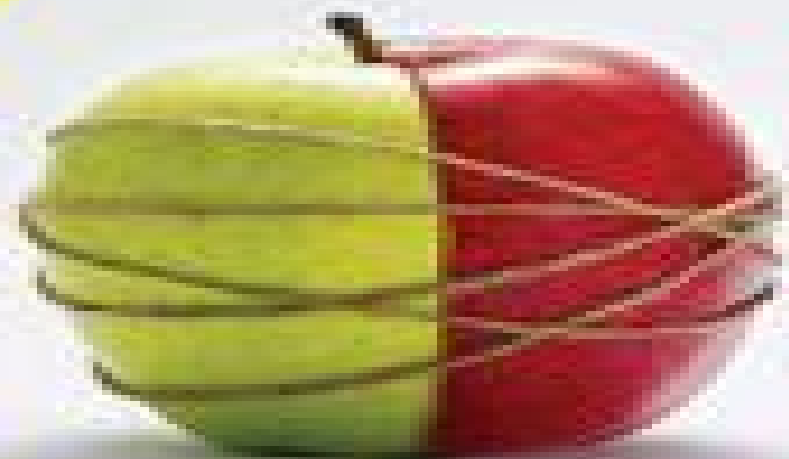
FOR DUMMIES™

A Wiley Brand

Learn to:

- Recognize the signs of codependency
- Stop controlling others and start caring for yourself
- Love yourself and develop healthy relationships
- Become more assertive and build your self-esteem

Darlene Lancer, MFT
Licensed Marriage and Family Therapist



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