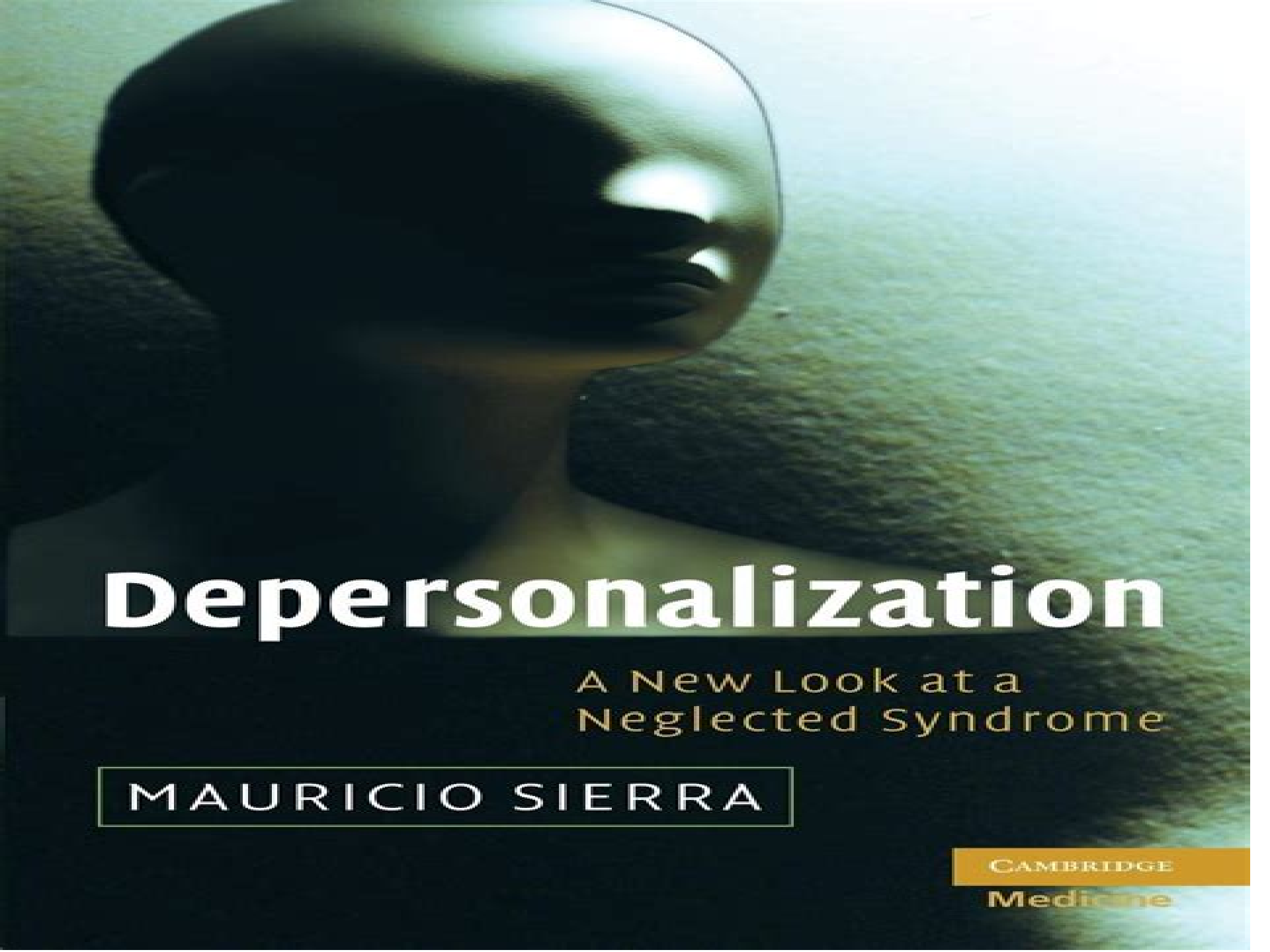




Depersonalization

A New Look at a
Neglected Syndrome

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Depersonalization A New Look At A Neglected Syndrome

Jeffrey Abugel



Depersonalization A New Look At A Neglected Syndrome:

Depersonalization Mauricio Sierra, 2009-08-13 Depersonalization is a dissociative disorder causing alteration in the perception or experience of the self and a detachment from reality This is a fascinating and clinically relevant phenomenon neglected within psychiatry Far from being a rare condition it can be as prevalent as schizophrenia or bipolar disorder and frequently occurs in association with other neuropsychiatric conditions This book is a review of depersonalization dealing with the subject from a wide range of perspectives and covering historical conceptual clinical trans cultural pharmacological and neurobiological factors It discusses recent neuroimaging studies providing fresh insights into the condition and opening up new opportunities to manage the symptoms with pharmacologic and psychotherapeutic interventions It will be relevant to psychiatrists and clinical psychologists as well as primary care practitioners neurologists and psychiatric nurses *Stranger to My Self* Jeffrey Abugel, 2011 This journalistic examination of depersonalization as a disorder and cultural phenomenon includes case histories treatment and literary and spiritual perspectives **Feeling Unreal** Daphne Simeon, Jeffrey Abugel, 2023 The idea that reality is subjective constructed from our own perceptions is an ancient concept We are what we think All that we are arises with our thoughts With our thoughts we make the world said the Buddha In the same vein Anaïs Nin's observation above originated in the Hebrew Talmud The Landscape of Introspection François Kammerer, Keith Frankish, 2025-04-01 We can introspect We can look inwards as it were at our own minds and represent what is occurring there Philosophers and psychologists have speculated about how we do this but there has been little exploration of the wider theoretical landscape in the area Could other beings such as non human animals and artificial intelligences introspect too What forms might their introspection take Do some humans introspect in nonstandard ways and can humans develop new introspective powers through techniques such as meditation This book a reprint of a special issue of the Journal of Consciousness Studies explores this neglected landscape It opens with a target article by the editors which proposes an ambitious research programme on possible forms of introspection and provides maps and conceptual tools to get the project under way This is followed by fifteen commentaries from leading philosophers and cognitive scientists Topics discussed include the experimental study of introspection introspection in animals LLMs and group minds and the effects on introspection of meditation and certain psychiatric conditions The volume concludes with a reply by the editors which revises and extends their original proposal The Landscape of Introspection offers an informed contemporary and challenging view of what introspection is and could be Neurobiology and Treatment of Traumatic Dissociation Ulrich F. Lanius, Sandra L. Paulsen, Frank M. Corrigan, 2014-05-13 Encompassing the contributions of expert clinicians and researchers in the area of traumatic stress and dissociation this volume is the first to integrate current neuroscience research regarding traumatic dissociation with several cutting edge approaches to treatment providing a comprehensive neurobiologically based treatment approach The text discusses current neuroscientific research regarding traumatic stress and dissociation that includes

attachment affective neuroscience polyvagal theory structural dissociation and information processing theory yielding a comprehensive model that guides treatment and clinical interventions for traumatic dissociation It then integrates this model with stage oriented treatment and current therapeutic interventions including EMDR somatic and body psychotherapy approaches Ego State Therapy and adjunctive pharmacological interventions Readers are given hands on practical guidance regarding clinical decision making enabling them to make sound choices about interventions that will facilitate optimal treatment outcomes Key Features Provides a broad based treatment approach to traumatic stress syndromes and dissociation Offers accessible current research in the basic neurosciences relevant to our understanding of attachment traumatic stress and dissociation Includes practical suggestions for integrating EMDR somatic and body psychotherapy approaches with Ego State Therapy and adjunctive pharmacological interventions Integrates concepts from the affective and cognitive neurosciences and the study of consciousness Presents a comprehensive neurobiological model that accounts for the therapeutic effects of both somatic therapies and EMDR as well as adjunctive pharmacological interventions

Embodying the Self: Neurophysiological Perspectives on the Psychopathology of Anomalous Bodily Experiences

Mariateresa Sestito, Andrea Raballo, Giovanni Stanghellini, Vittorio Gallese, 2018-04-12 Since the beginning of the 20th Century phenomenology has developed a distinction between lived body Leib and physical body Koerper a distinction well known as body subject vs body object Hanna and Thompson 2007 The lived body is the body experienced from within my own direct experience of my body lived in the first person perspective myself as a spatiotemporal embodied agent in the world The physical body on the other hand is the body thematically investigated from a third person perspective by natural sciences as anatomy and physiology An active topic affecting the understanding of several psychopathological disorders is the relatively unknown dynamic existing between aspects related to the body object that comprises the neurobiological substrate of the disease and the body subject the experiences reported by patients Nelson and Sass 2017 A clue testifying the need to better explore this dynamic in the psychopathological context is the marked gap that still exists between patients clinical reports generally entailing disturbing experiences and etiopathogenetic theories and therapeutic practices that are mainly postulated at a bodily brain level of description and analysis The phenomenological exploration typically targets descriptions of persons lived experience For instance patients suffering from schizophrenia may describe their thoughts as alien thoughts are intruding into my head and the world surrounding them as fragmented the world is a series of snapshots Stanghellini et al 2015 The result is a rich and detailed collection of the patients qualitative self descriptions Stanghellini and Rossi 2014 that reveal fundamental changes in the structure of experiencing and can be captured by using specific assessment tools Parnas et al 2005 Sass et al 2017 Stanghellini et al 2014 The practice of considering the objective and the subjective levels of analysis as separated in the research studies design has many unintended consequences Primarily it has the effect of limiting actionable neuroscientific progress within clinical practice This holds true both in terms of availability of evidence based

treatments for the disorders as well as for early diagnosis purposes In response to this need this collection of articles aims to promote an interdisciplinary endeavor to better connect the bodily objective level of analysis with its experiential corollary This is accomplished by focusing on the convergence between neuro physiological evidence and the phenomenological manifestations of anomalous bodily experiences present in different disorders *Anatomy of an Avatar* Philip

Gerrans,2024-09-04 This book applies a powerful framework in computational neuroscience predictive coding and active inference to explain psychiatric disorders that are characterised by pathologies of self awareness It shows how the self is best conceived of as an avatar or model made by the brain for the fundamental purpose of optimising basic bodily function That avatar integrates and coordinates neurocomputation across the mind It allows the mind to anticipate and respond to sensory information that bears on the organism s prospects The self is thus a model avatar made by the brain to allow the body to play the game of life When activity in circuitry that implements the avatar is compromised a variety of psychiatric disorders result *Anatomy of an Avatar* provides a theoretical framework for theories of embodied selfhood anchored in homeostatic regulation as well as exploring psychiatric disorders involving the self and the empirical application of concepts of free energy minimisation active inference and predictive processing The book also includes key case studies in the cognitive neuropsychiatry of self awareness and test cases for philosophical concepts of self representation and the experience of self awareness The book will be essential reading for those in the fields of psychology and consciousness psychiatry and philosophy *Disturbed Consciousness* Rocco J. Gennaro,2024-05-28 Essays defend discuss and critique specific theories of consciousness with respect to various psychopathologies In *Disturbed Consciousness* philosophers and other scholars examine various psychopathologies in light of specific philosophical theories of consciousness The contributing authors some of them discussing or defending their own theoretical work consider not only how a theory of consciousness can account for a specific psychopathological condition but also how the characteristics of a psychopathology might challenge such a theory Thus one essay defends the higher order thought HOT theory of consciousness against the charge that it cannot account for somatoparaphrenia a delusion in which one denies ownership of a limb Another essay argues that various attempts to explain away such anomalies within subjective theories of consciousness fail Other essays consider such topics as the application of a model of unified consciousness to cases of brain bisection and dissociative identity disorder prefrontal and parietal underconnectivity in autism and other psychopathologies self deception and the self model theory of subjectivity schizophrenia and the vehicle theory of consciousness and a shift in emphasis away from an internal or brainbound approach to psychopathology to an interactive one Each essay offers a distinctive perspective from the intersection of philosophy consciousness research and psychiatry Contributors Alexandre Billon Andrew Brook Paula Droege Rocco J Gennaro Philip Gerrans William Hirstein Jakob Hohwy Uriah Kriegel Timothy Lane Thomas Metzinger Erik Myin Inez Myin Germeys Myrto Mylopoulos Gerard O'Brien Jon Opie J Kevin O'Regan Iuliia Plushch Robert Van Gulick **The**

Epistemology of Non-visual Perception Berit Brogaard, Dimitria Electra Gatzia, 2020 The present volume is the first to instead focus on the epistemology of non visual perception hearing touch taste and cross sensory experiences Drawing on recent empirical studies of emotion perception and decision making it breaks new ground on discussions of whether or not perceptual experience can yield justified beliefs or knowledge and how to characterize those beliefs *Mind the Body* Frédérique de Vignemont, 2018 Our own body seems to be the object that we know the best for we constantly receive a flow of internal information about it Yet bodily awareness has attracted little attention in the literature *Mind the Body* is the first comprehensive treatment of bodily awareness Fr d rique de Vignemont seeks to answer questions such as how do I perceive my body How do I perceive other people s bodies Can I really feel your pain What makes me feel this specific body is my own Why do I care about it To what extent can I feel an avatar s body as my own To answer these questions we need a better understanding of the various aspects of bodily self awareness including the spatiality of bodily sensations their multimodality their role in social cognition their relation to action and to self defence This volume combines philosophical analysis with recent experimental results from cognitive science leading us to question some of our most basic intuitions

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