

A CICERONE GUIDE
by Stephen Fox

CYCLE TOURING IN FRANCE

EIGHT SELECTED CYCLE TOURS



CICERONE

Cycle Touring In France Eight Selected Cycle Tours Cicerone Guides

Stephen Fox



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Historical Dictionary of Cycling Jeroen Heijmans, Bill Mallon, 2011-09-09 The nearly 150 year old sport of cycling had its first competition in France in 1868 Soon afterward the need arose for purpose built cycling tracks because of poor road conditions at the time Racing on blocked off pieces of street or grass soon evolved into racing on special tracks called velodromes This development marked the split into what are still the two main forms of cycling competition road racing and track racing Initially track cycling was more popular in terms of public attention and money to be earned by racers but this gradually changed in favor of road racing which has been the most popular form of cycling since at least the end of World War II The Historical Dictionary of Cycling takes a closer look at the sport as well as discussing the use of bicycles as a means of fitness touring and commuting This is done through a chronology an introductory essay appendixes photos a bibliography and over 500 cross referenced dictionary entries on cycling s two main disciplines road and track as well as brief overviews of the other forms of cycling This book is an excellent access point for students researchers and anyone wanting to know more about cycling

Cycle Touring in France Stephen Fox, 2010-09-09 The eight one or two week cycle tours in this guidebook are selected to offer cyclists of all levels a taste of France s diverse landscapes and superb scenery Covering some of the most picturesque parts of Brittany Picardy Alsace Auvergne Languedoc Provence Dordogne Lot the Alps and the Pyrenees

Whitaker's Books in Print, 1998 *Cycle Touring in France* Stephen Fox, 2007 *Cycling the Canal du Midi* Declan Lyons, 2024-01-10 A guidebook to cycling the Canal du Midi route from Toulouse to Sete on the Mediterranean coast Covering 260km 162 miles this long distance cycle through France s southern Languedoc can be cycled in 1 week and is suitable for both first time and experienced long distance cyclists The route is described west to east in 5 stages each between 40 and 63km 25 39 miles in length Optional side trips exploring the countryside and historical towns and villages are also detailed 1 200 000 maps and profiles included for each stage Refreshment and accommodation information given Handy stage planning tables help you plan your itinerary Information on cycle shops with repair facilities along the route Advice on planning and preparation

Cycling in the French Alps Paul Henderson, 2005 Cycling in the French Alps presents a personal selection of the most picturesque cycling routes through the mountains of Southeast France The eight tours seven circuits plus the Grand Traverse from Geneva to Nice include the classic high passes of the French Alps Galibier Iseran Izoard etc as well as many lesser known areas of the pre Alps and Southern Jura Although all of the tours are in mountain areas the scenery from the rolling hills of the Bugey to the dramatic limestone gorges of the Chartreuse or the snowy peaks of the Ecrins is extremely varied Without neglecting the must see places the tours have been designed to take you through the secret corners and forgotten backwaters of the regions described even amongst the most awe inspiring mountains it is often the more discreet facets of the countryside that reveal an area s true charm

Cycling the Canal Du Midi Declan Lyons, 2009 *Cycling the Canal du Midi* Declan Lyons, 2011-01-11 A guide to cycling the Canal du Midi in the

Languedoc France A UNESCO World Heritage Site the canal meanders through lush countryside rich in history and offers flat car free paths and excursions to the nearby hills Ideal for anyone planning a cycling holiday locals wanting to explore or canal travellers needing to stretch their legs

Cycling the Canal de la Garonne Declan Lyons,2018-12-31 A guidebook to cycling the Canal de Garonne in the south of France It describes a 260km route from Bordeaux to Toulouse in 7 stages as well as a 135km excursion to Lacanau on the Atlantic coast Optional side trips explore the countryside and historical towns and villages including Agen Moissac Marmande and Montauban Mainly flat and easy cycling including 193km along the main canal towpath this is an easy route suitable for lone cyclists families groups and those using e bikes It is best cycled in spring summer or autumn Bustling Bordeaux is the starting point for a voyage of discovery through the beautiful Gascon countryside to the splendid rose city of Toulouse The cycle track brings you in touch with wildlife history culture and those who live and work there It is perfect for those planning a cycling holiday in the region or for those boating on the canal or holidaying nearby The book describes over 500km of cycling Detailed route descriptions are accompanied by 1 50 000 maps with lots of fascinating information about the places encountered along the route and notes on the region s history and the building of the canal Also contains practical information on travel choosing the right bike and equipment facilities and cycle shops

Cycling France Neil Irvine,Katherine Wilding,Catherine Palmer,2001 This essential guide steers you along France s best cycling routes to the best patisseries the friendliest places to stay and the most breathtaking scenery Find a tour to suit you a leisurely day trip a week long food and wine tour or an epic mountain climb Including 135 days of France s best cycling including Corsica on the road maintenance tips and a guide to French cycle speak where to eat from markets to cafes and restaurants where to stay from camping to B what to see and do in and out of the saddle how to pack and transport your bike the Tour de France explained

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