

NOCTI Culinary Study Guide with complete questions and answers.

List and describe the five grand OR MOTHER sauces including the main ingredients - correct answers. • Béchamel (1 tablespoon each of butter and flour per 1 cup of milk; a medium sauce would use 2 tablespoons each of butter and flour; a thick sauce, 3 tablespoons each.)

- Espagnole (most often a mixture of diced onion, carrots and celery)
- Hollandaise (butter, egg yolks and lemon juice) and mayo (vegetable oil, egg yolks, lemon juice or vinegar and seasonings)
- Vinaigrette (oil, vinegar, salt and pepper & spices, herbs, shallots, onions, mustard)
- Velouté (chicken, veal or fish stock. Enrichments such as egg yolks or cream are sometimes also added)

What is a roux? What are the ingredients? What are the three types of a roux - correct answers. • Substance created by cooking wheat flour and fat (traditionally butter).

- Base for sauce: a mixture of flour and fat that is cooked briefly and used as the thickening base of a sauce or soup
- White, blond and brown

What is an Onion Piquet? - correct answers. • A traditional French culinary technique

- Bay leaves, onions and a whole clove

What is clarified butter? What two parts do we eliminate? - correct answers. • butter made clear by heating and removing the sediment of milk solids

Stock - definition - correct answers. • Flavored water preparation and forms the basis of many dishes, particularly soups and sauces.

What is the most common liquid used for a stock? - correct answers. • Water

What is Mirepoix and the ratio of the ingredients - correct answers. • Ratio of 8 ounces of chopped onions to 4 ounces each of chopped carrots and celery for a basic mirepoix, so they are using a 2: 1: 1 ratio by weight.

- a mixture of chopped celery, onions, and carrots

Culinary Nocti Study Guide

Rita Schellenberg

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

Culinary Nocti Study Guide:

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Student Lab Resources and Study Guide for Introduction to Culinary Arts The Culinary Institute of America, Institute of America Culinary, 2014-08-21 Vocational Instructor, Culinary Arts National Learning Corporation, 2013 The Vocational Instructor Culinary Arts Passbook R prepares you for your test by allowing you to take practice exams in the subjects you need to study It provides hundreds of questions and answers in the areas that will likely be covered on your upcoming exam

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Student Workbook and Study Guide for Professional Cooking Culinary Institute of America, Le Roy A. Folsom, 1967

On Cooking: A Textbook of Culinary Fundamentals Value Pack (Includes Study Guide & Prentice Hall Dictionary of Culinary Arts: Acad Sarah R. Labensky, Alan M. Hause, Steven R. Labensky, Priscilla A Martel, 2007-10

Study Guide for on Cooking Priscilla A. Martel, Sarah R. Labensky, Steven R. Labensky, Alan M. Hause, 2010-02-15

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