

Clinical Casebook of
COUPLE THERAPY

EDITED BY ALAN S. GURMAN

Clinical Casebook Of Couple Therapy

Julie Schwartz Gottman



Clinical Casebook Of Couple Therapy:

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What Happens in Couple Therapy Douglas K. Snyder,Jay L. Lebow,Jay Lebow,2024-09-12 Bringing contemporary couple therapy to life this casebook candidly illustrates the whats whys and how tos of leading clinical approaches Well known contributors provide a window into their work with couples seeking help for a variety of relationship challenges Cases depict the moment by moment process of therapy from the initial assessment and case formulation through the beginning intermediate and concluding phases Themes addressed include working across cultural divides helping couples living with psychological or medical disorders and treating interfaith couples military couples and same sex and queer couples Enhancing the book s utility for course use the expert editors concisely introduce each case and describe how the approach fits into the broader field See also Lebow and Snyder s Clinical Handbook of Couple Therapy Sixth Edition which provides an authoritative overview of theory and practice

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The Marriage Clinic Casebook Julie Schwartz Gottman,2016-12-12 The Marriage Clinic Casebook bridges the gap between the powerful theory behind Gottman Method Couples Therapy and the unique application of therapeutic principles to real life cases Covering a broad range of couples as well as a variety of relational problems this casebook is a resource for clinicians who want practical guidance for putting the powerful Gottman method to work

The Anatomy of a Couples Therapy Session Judith P. Leavitt,2017-07-28 How does a couples therapist

actually run a 50 minute session What needs to happen What must happen Managing this time and knowing how to guide a couple through what can be a rocky roller coaster ride is a critical skill This volume breaks down the entire 50 minutes of a couple s therapy session from beginning to end It divides the 50 minutes into eight time period stages that may overlap The distinctive characteristics and challenges of each time period are examined Numerous case examples are given throughout the book The couples therapist is addressed directly with many suggestions given for handling the situations that can arise in each period In addition the couples therapist s own experiences during the session are explored

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