

Learn the Facts About Flu Vaccine!

Is the flu vaccine safe?

- The flu vaccine has been around for more than 50 years
- The Centers for Disease Control and Prevention (CDC) and the U.S. Food and Drug Administration (FDA) routinely monitor the safety of all vaccines, including flu
- New vaccines go through years of research and three phases of clinical trials before they can be deemed safe and effective by the FDA and made available to the general public



Can the flu vaccine cause the flu?

NO! The vaccine contains an inactivated virus or no flu virus at all, so it's impossible for it to give you the flu



Is the flu vaccine effective?

- The flu vaccine was found to prevent death in otherwise healthy children by as much as 65%¹
- When well-matched with circulating strains, the flu vaccine has been shown to reduce the risk of flu illness by up to 60%²



What are common side effects of the vaccine?

- Common side effects can include soreness, redness, and/or swelling at the injection site; fever; headache; and/or muscle aches
- Common side effects are evidence that your body is having an immune response, which is what it's supposed to do!

How does the flu vaccine work?

- It causes your body to produce antibodies (infection-fighting cells) that enable it to fight the virus and prevent infection following exposure
- It takes two weeks after vaccination for your body to build up protection against the flu
- Even those who are healthy can get very sick from the flu or spread it to others



Why do you need a flu vaccine every year?

- Flu strains can change from year-to-year
- Protection gained from last year's vaccine can decrease over time, even if circulating flu strains haven't changed

Who needs to be vaccinated?

- CDC recommends everyone six months and older get vaccinated annually



When is an ideal time for flu vaccination?



- CDC recommends everyone receive their annual flu vaccine by the end of October



It's Not 'JUST' the Flu - It's a Serious Disease!
Get Your Flu Vaccine Today!

To learn more, visit www.familiesfightingflu.org.



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**Walter A. Orenstein, Paul A.
Offit, Kathryn M. Edwards, Stanley A.
Plotkin**

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Departments of Labor, Health and Human Services, Education, and Related Agencies Appropriations for 2013

United States. Congress. House. Committee on Appropriations. Subcommittee on the Departments of Labor, Health and Human Services, Education, and Related Agencies, 2012 *Plotkin's Vaccines, E-Book* Walter A. Orenstein, Paul A. Offit, Kathryn M. Edwards, Stanley A. Plotkin, 2022-12-21 From the latest vaccination evidence recommendations and protocols to new vaccine development and the use of vaccines in reducing disease Plotkin's Vaccines 8th Edition covers every aspect of vaccination Now completely revised and updated from cover to cover this award winning text continues to provide reliable information from global authorities offering a complete understanding of each disease as well as the latest knowledge of both existing vaccines and those currently in research and development Described by Bill Gates as an indispensable guide to the enhancement of the well being of our world Plotkin's Vaccines is a must have reference for current authoritative information in this fast moving field Contains all new chapters on COVID 19 vaccine hesitancy and non specific effects of vaccines as well as significantly revised content on new vaccine technologies such as mRNA vaccines emerging vaccines and technologies to improve immunization Presents exciting new data on evolution of adjuvants across the centuries dengue vaccines human papillomavirus vaccines respiratory syncytial virus vaccines tuberculosis vaccines and zoster vaccines Provides up to date authoritative information on vaccine production available preparations efficacy and safety and recommendations for vaccine use with rationales and data on the impact of vaccination programs on morbidity and mortality Provides complete coverage of each disease including clinical characteristics microbiology pathogenesis diagnosis and treatment as well as epidemiology and public health and regulatory issues Keeps you up to date with information on each vaccine including its stability immunogenicity efficacy duration of immunity adverse events indications contraindications precautions administration with other vaccines and disease control strategies Covers vaccine preventable diseases vaccine science and licensed vaccine products as well as product technologies and global regulatory and public health issues Analyzes the cost benefit and cost effectiveness of different vaccine options Helps you clearly visualize concepts and objective data through an abundance of tables and figures Enhanced eBook version included with purchase Your enhanced eBook allows you to access all of the text figures and references from the book on a variety of devices *Departments of Labor, Health and Human Services, Education, and Related Agencies Appropriations for 2014: Related agencies FY 2014 budget justifications* United States. Congress. House. Committee on Appropriations. Subcommittee on the Departments of

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