

Depo Dosing Calendar



Clinical Training Center for
Sexual + Reproductive Health

National
Family Planning
& Reproductive Health Association

Based on 3-month/15 week dosing intervals between weeks 13-15 to be used
with intramuscular injection (IM) and subcutaneous injections (SC)

Given	Next shot due by	Shot late if not given by
JAN 1	APR 2	APR 16
JAN 2	APR 3	APR 17
JAN 3	APR 4	APR 18
JAN 4	APR 5	APR 19
JAN 5	APR 6	APR 20
JAN 6	APR 7	APR 21
JAN 7	APR 8	APR 22
JAN 8	APR 9	APR 23
JAN 9	APR 10	APR 24
JAN 10	APR 11	APR 25
JAN 11	APR 12	APR 26
JAN 12	APR 13	APR 27
JAN 13	APR 14	APR 28
JAN 14	APR 15	APR 29
JAN 15	APR 16	APR 30
JAN 16	APR 17	MAY 1
JAN 17	APR 18	MAY 2
JAN 18	APR 19	MAY 3
JAN 19	APR 20	MAY 4
JAN 20	APR 21	MAY 5
JAN 21	APR 22	MAY 6

Given	Next shot due by	Shot late if not given by
JAN 22	APR 23	MAY 7
JAN 23	APR 24	MAY 8
JAN 24	APR 25	MAY 9
JAN 25	APR 26	MAY 10
JAN 26	APR 27	MAY 11
JAN 27	APR 28	MAY 12
JAN 28	APR 29	MAY 13
JAN 29	APR 30	MAY 14
JAN 30	MAY 1	MAY 15
JAN 31	MAY 2	MAY 16
FEB 1	MAY 3	MAY 17
FEB 2	MAY 4	MAY 18
FEB 3	MAY 5	MAY 19
FEB 4	MAY 6	MAY 20
FEB 5	MAY 7	MAY 21
FEB 6	MAY 8	MAY 22
FEB 7	MAY 9	MAY 23
FEB 8	MAY 10	MAY 24
FEB 9	MAY 11	MAY 25
FEB 10	MAY 12	MAY 26
FEB 11	MAY 13	MAY 27

Given	Next shot due by	Shot late if not given by
FEB 12	MAY 14	MAY 28
FEB 13	MAY 15	MAY 29
FEB 14	MAY 16	MAY 30
FEB 15	MAY 17	MAY 31
FEB 16	MAY 18	JUN 1
FEB 17	MAY 19	JUN 2
FEB 18	MAY 20	JUN 3
FEB 19	MAY 21	JUN 4
FEB 20	MAY 22	JUN 5
FEB 21	MAY 23	JUN 6
FEB 22	MAY 24	JUN 7
FEB 23	MAY 25	JUN 8
FEB 24	MAY 26	JUN 9
FEB 25	MAY 27	JUN 10
FEB 26	MAY 28	JUN 11
FEB 27	MAY 29	JUN 12
FEB 28	MAY 30	JUN 13
MAR 1	MAY 31	JUN 14
MAR 2	JUN 1	JUN 15
MAR 3	JUN 2	JUN 16
MAR 4	JUN 3	JUN 17

Highlight date you give your shot in BLUE column

Next injection to be given between LIGHT BLUE and GOLD dates

If next injection is NOT given by date in GOLD, do a home pregnancy test before next dose given. If negative, then give shot and use condoms for next 7 days.

Depo Shot Calendar Schedule

**Robert F. Belli, Frank P. Stafford, Duane
F Alwin**

Depo Shot Calendar Schedule:

A Woman's Guide to Sexual Health Mary Jane Minkin, Carol V. Wright, 2005-01-01 A prominent gynecologist explains how to make the best choices for female reproductive health in this authoritative easy to read guide This book is for every woman who has wished for an unhurried personal conversation with a sympathetic doctor who will answer her questions about reproductive health Dr Mary Jane Minkin a gynecologist practicing for more than 25 years presents a complete and up to date guide to a healthy reproductive system for women in their teens through middle age With warmth and understanding Dr Minkin and coauthor Carol V Wright respond to questions about the gynecological issues that concern women today including sexual activity contraception and family planning Readers of The Yale Guide to Women's Reproductive Health will learn how the female body works what problems may arise and what solutions are available in short they will become better prepared to participate in their own health care and to make healthy decisions The Yale Guide to Women's Reproductive Health Mary Jane Minkin, Carol V. Wright, 2008-10-01 This book is for every woman who has wished for an unhurried personal conversation with a sympathetic doctor who will answer her questions about reproductive health Dr Mary Jane Minkin a gynecologist practicing for more than 25 years presents a complete and up to date guide to a healthy reproductive system for women in their teens through middle age With warmth and understanding Dr Minkin and coauthor Carol V Wright respond to questions about the gynecological issues that concern women today including sexual activity contraception and family planning Readers of The Yale Guide to Women's Reproductive Health will learn how the female body works what problems may arise and what solutions are available in short they will become better prepared to participate in their own health care and to make healthy decisions *Depo-provera* Dori Stehlin, 1993 **The Whole Truth About Contraception** Beverly Winikoff, MD, MPH, Suzanne Wymelenberg, 1997-09-10 What birth control method is most reliable Can contraceptives protect me from AIDS How can I choose the method that's best for me Finding the answers to these and other questions about birth control can be tough On the one hand today's sexually active person has many contraceptive options On the other hand each option has pluses and minuses that must be weighed For teenagers especially asking questions about birth control can be awkward and difficult Yet teenagers may be in greatest need of the facts While there is no right method for everyone The Whole Truth About Contraception is the right book for anyone making decisions about contraception men and women from teenagers to middle agers It illustrates male and female anatomy and explains how conception occurs The book carefully describes the birth control methods available today barrier such as condoms and diaphragms hormonal the Pill and Norplant intrauterine devices surgical sterilization and other approaches such as the rhythm method and breastfeeding as a contraceptive For each method the authors discuss how well it prevents pregnancy its potential effects on the user's health and common problems Illustrated how to sections are provided and the authors comment on how each method typically affects sexual experience The book also discusses how birth control products can be

obtained and their cost Precautions tips on usage and other features throughout the book will help each reader decide what type of contraception is best for his or her age personal preferences and situation in life *The Whole Truth About Contraception* gives up to date information on new products such as the female condom and the nonlatex male condom The book provides details about contraception and sexually transmitted diseases with an emphasis on AIDS Also offered is an expanded discussion of emergency contraception designed for use after unprotected sex The book includes a full and factual discussion of abortion Contraception may be the most important and deeply personal choice anyone has to make This book provides the straight facts that will make the decision easier and the results better for everyone *Calendar and Time Diary Methods in Life Course Research* Robert F. Belli, Frank P. Stafford, Duane F Alwin, 2009 *Calendar and Diary Methods in Life Events Research* offers a road map to those who wish to use calendar and diary methods in their own research **Calendar of State Papers** Great Britain. Public Record Office, 1879 *Handbook of Sexuality-Related Measures* Terri D. Fisher, Clive M. Davis, William L. Yarber, 2013-09-13 This classic and invaluable reference Handbook written for sex researchers and their students has now been completely revised in a new edition complete with its own companion website It remains the only easy and efficient way for researchers to learn about evaluate and compare instruments that have previously been used in sex research In this third edition of the Handbook 218 scales complete with full descriptions and psychometric data are made available with additional information provided at the companion website for this volume *FDA Consumer* ,1997

Calendar of state papers, domestic series Mary Anne Everett Green, Public record office (GB)., 1879 *Population Politics and Development* L. Richey, 2008-01-21 This book uses political and socio anthropological theory to examine the relationship between power interest and agency within population and family planning discourse across Africa with particular emphasis on case studies from Tanzania

Whispering the Strategies of Language: An Psychological Quest through **Depo Shot Calendar Schedule**

In a digitally-driven world where screens reign great and immediate communication drowns out the subtleties of language, the profound secrets and mental subtleties hidden within words usually go unheard. Yet, located within the pages of **Depo Shot Calendar Schedule** a interesting literary value pulsating with organic thoughts, lies a fantastic journey waiting to be undertaken. Published by a talented wordsmith, this enchanting opus attracts visitors on an introspective journey, lightly unraveling the veiled truths and profound influence resonating within ab muscles material of every word. Within the emotional depths of the poignant review, we can embark upon a honest exploration of the book is core subjects, dissect its interesting publishing design, and fail to the strong resonance it evokes heavy within the recesses of readers hearts.

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Depo Shot Calendar Schedule Introduction

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