

BLS for Healthcare Professionals

CABs of CPR

CPR	ADULT & OLDER CHILD (puberty and older)	CHILD (1 year to signs of puberty)	INFANT (up to 1 year old)
Verify Scene Safety	Do not enter an unsafe environment. Call 9-1-1		
Check victim's responsiveness	If victim is unresponsive, shout for help. Call 9-1-1 with mobile device, if available. Send someone to find an AED.		
Activate 9-1-1	If you are alone and do not have a mobile device, leave the victim to call 9-1-1 first, then look for an AED. Return to perform CPR.	If you are alone and WITNESS THE COLLAPSE Leave the victim to call 9-1-1 first, and look for an AED. Return to perform CPR.	
Determine if victim is breathing & has a pulse	Simultaneously check for breathing & pulse for no more than 10 seconds. NOTE: agonal breaths are not considered signs of breathing For children and infants, a pulse rate of less than 60 beats / minute is treated as no pulse.		
	Check carotid artery on your side of the victim's the neck.		Check brachial artery on inside of the victim's upper arm near the armpit.
Rescue Breathing If victim has a DEFINITE detectable pulse, but is not breathing	1 breath every 5-6 seconds Check pulse every 2 minutes.	1 breath every 3-5 seconds Check pulse again every 2 minutes If pulse less than 60 beats per minute, or perfusion remains poor, add compressions	
	For suspected opioid overdose, administer naloxone, if available		
If victim has NO detectable pulse: Begin CPR Minimize interruptions	1 rescuer: 30 compressions : 2 breaths 2+ rescuers: 30 compressions : 2 breaths Use AED as soon as it arrives.	1 rescuer: 30 compressions : 2 breaths 2+ rescuers: 15 compressions : 2 breaths Use the AED as soon as it arrives.	
Compression rate	100 - 120 compressions per minute		
Hand placement	2 hands on lower half of breastbone	1 hand or 2 hands on lower half of breastbone	1 rescuer: 2 fingers 2+ rescuers: 2 thumbs on center of chest, just below nipple line
Compression depth	2 to 2.4 inches (5-6 cm)	1/3 the depth of the chest - about 2 inches (5 cm)	1/3 the depth of the chest - about 1.5 inches (4 cm)
Chest recoil	Allow for full chest recoil after each compression		
Minimize interruptions	Limit interruptions in chest compressions to no more than 10 seconds		
Use the AED as soon as it arrives	Turn on AED and follow instructions. Never remove the AED.		

Cheat Cheat Study Guide For Cpr Bsl

Ying Liu



Cheat Cheat Study Guide For Cpr Bsl:

The book delves into Cheat Cheat Study Guide For Cpr Bsl. Cheat Cheat Study Guide For Cpr Bsl is an essential topic that needs to be grasped by everyone, ranging from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Cheat Cheat Study Guide For Cpr Bsl, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
 - Chapter 1: Introduction to Cheat Cheat Study Guide For Cpr Bsl
 - Chapter 2: Essential Elements of Cheat Cheat Study Guide For Cpr Bsl
 - Chapter 3: Cheat Cheat Study Guide For Cpr Bsl in Everyday Life
 - Chapter 4: Cheat Cheat Study Guide For Cpr Bsl in Specific Contexts
 - Chapter 5: Conclusion
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3. In chapter 2, this book will delve into the foundational concepts of Cheat Cheat Study Guide For Cpr Bsl. This chapter will elucidate the essential principles that need to be understood to grasp Cheat Cheat Study Guide For Cpr Bsl in its entirety.
4. In chapter 3, the author will examine the practical applications of Cheat Cheat Study Guide For Cpr Bsl in daily life. This chapter will showcase real-world examples of how Cheat Cheat Study Guide For Cpr Bsl can be effectively utilized in everyday scenarios.
5. In chapter 4, the author will scrutinize the relevance of Cheat Cheat Study Guide For Cpr Bsl in specific contexts. This chapter will explore how Cheat Cheat Study Guide For Cpr Bsl is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, the author will draw a conclusion about Cheat Cheat Study Guide For Cpr Bsl. This chapter will summarize the key points that have been discussed throughout the book.

This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Cheat Cheat Study Guide For Cpr Bsl.

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