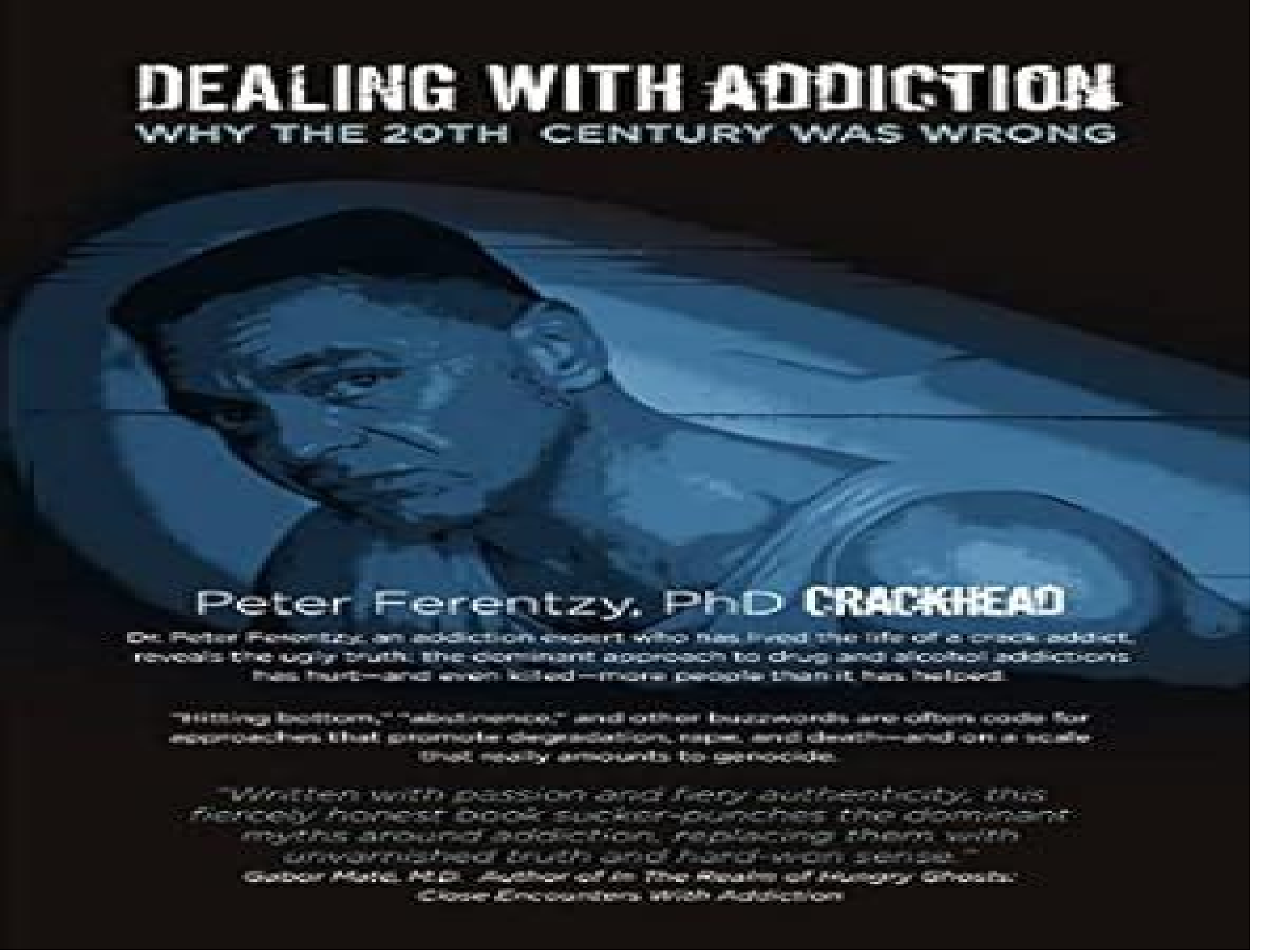


DEALING WITH ADDICTION

WHY THE 20TH CENTURY WAS WRONG



Peter Ferentzy, PhD **CRACKHEAD**

Dr. Peter Ferentzy, an addiction expert who has lived the life of a crack addict, reveals the ugly truth: the dominant approach to drug and alcohol addictions has hurt—and even killed—more people than it has helped.

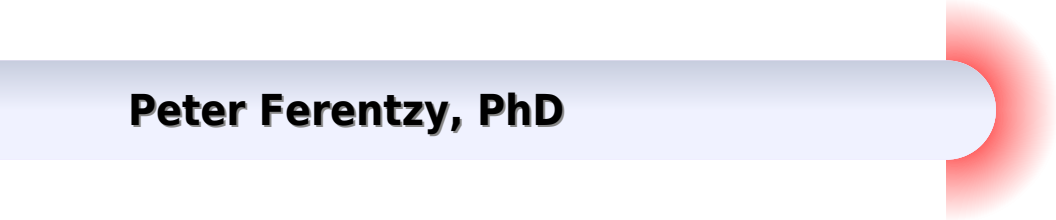
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Dealing With Addiction Why The 20th Century Was Wrong

Peter Ferentzy, PhD



Dealing With Addiction Why The 20th Century Was Wrong:

Dealing with an Addict Peter Ferentzy, PhD, 2013-10 If you are living with the pain of seeing a loved one battle an addiction your life is already filled with too many questions and not enough answers You are not alone Dr Peter Ferentzy has walked the lonely path of addiction himself but it was the tragic death of two close friends that inspired him to do his part to save others His guide *Dealing with an Addict* walks you through the confusing and often corrupt world of addiction treatment and recovery Far too often those seeking help for their loved ones find themselves treated with disrespect by industry professionals who are more interested in fees than lasting results A helpful companion for anyone wanting to help an addicted friend partner or offspring *Dealing with an Addict* gives you the tools to make effective decisions about when to help how to help and above all how to protect yourself and your loved one from an industry that is often more predatory than helpful

Dealing with an Addict Peter Ferentzy, PhD, 2013-11-20 The first five chapters are preparatory exposing the many myths and falsehoods that currently govern the addiction treatment and recovery scenes The last five chapters are designed to give you realistic ideas about the nature of addiction and recovery From there you will be well equipped to deal with a range of problems In the end you might conclude that most of what our North American recovery culture feeds us is wrong

Page xvii **Dealing with Addiction** Peter Ferentzy, 2011-05-01 Dr Peter Ferentzy an addiction expert who has lived the life of a crack addict reveals the ugly truth the dominant approach to drug and alcohol addictions has hurt and even killed more people than it has helped Hitting bottom abstinence and other buzzwords are often code for approaches that promote degradation rape and death and on a scale that really amounts to genocide *The Sage Handbook of Addiction Psychology*

Ingmar H.A. Franken, Reinout Wiers, Katie Witkiewitz, 2024-10-05 The Sage Handbook of Addiction Psychology presents a comprehensive overview of the state of the science behind the psychology of addiction offering a crucial resource for psychologists engaged in both research and practice The Handbook features a distinguished international group of contributors all renowned specialists in their respective fields and emphasizes a forward looking perspective Chapters delve into psychological theories of addiction and evidence based addiction treatment offering practical insights on the intricacies of addiction psychology The handbook takes a holistic approach by incorporating neighbouring fields traditionally outside of psychology it explores economics genetics public health neurobiology computer science and sociology recognizing that psychology and individual centered perspectives are just one facet of addiction This multifaceted approach ensures that readers gain a broad understanding of the psychology of addiction fostering a comprehensive and nuanced comprehension of this complex subject With Substance Use Disorders ranking among the most prevalent mental health concerns globally this handbook designed from the ground up for students and researchers is an essential resource for those seeking a deep understanding of the field of addiction psychology Part 1 Background including history and epidemiology PART 2 Vulnerability including psychological environmental and biological factors PART 3 Interventions PART 4 Specific addictions

PART 5 Future directions When Good Drugs Go Bad Dan Malleck,2015-07-15 Throughout the 1800s opium and cocaine could be easily obtained to treat a range of ailments in Canada Dependency when it occurred was considered a matter of personal vice Near the end of the century attitudes shifted and access to drugs became more restricted How did this happen Dan Malleck examines the conditions that led to Canada s current drug laws Drawing on newspaper accounts medical and pharmacy journals professional association files asylum documents physicians case books and pharmacy records Malleck demonstrates how a number of social economic and cultural forces converged in the early 1900s to influence lawmakers and criminalize addiction His research exposes how social concerns about drug addiction had less to do with the long pipe and shadowy den than with lobbying by medical professionals a growing pharmaceutical industry and concern about the morality and future of the nation Health Psychology, 6e Jane Ogden,2019-05-03 Health Psychology is essential reading for all students and researchers of health psychology Organized into four sections the 6th edition is structured with a clear emphasis on theory and evidence throughout This textbook maintains its popular and balanced approach between the biomedical and psychosocial model while strengthening its focus on critical thinking and behaviour change Key updates include Learning objectives Each chapter opens with a set of learning objectives which clearly outlines the knowledge understanding and skills you will acquire from each chapter Case studies Each chapter includes a case study to illustrate how the key theories and ideas are relevant to everyday life Through the Eyes of Health Psychology A brand new feature to show how a health psychologist might analyse each case study using the theories and concepts presented throughout the book Health promotion A whole chapter devoted to the theories and evidence relevant to behaviour change and includes a new section on integrated approaches and the drive to develop a new science of behaviour change Thinking critically about The process of thinking critically is introduced in the first chapter which describes how to think critically about theory methods measurement and research design Each chapter has its own Thinking critically about section at the end to highlight problems with specific theories and research areas This section includes critical thinking questions and a Some problems with section to form the basis of class discussions and enable students to be more critical in their thinking and writing Health Psychology EduGorilla Prep Experts,2024-09-16 EduGorilla Publication is a trusted name in the education sector committed to empowering learners with high quality study materials and resources Specializing in competitive exams and academic support EduGorilla provides comprehensive and well structured content tailored to meet the needs of students across various streams and levels *Breaking Bad (Habits)* Scientific American Editors,2014-12-22 Self improvement is a lifelong quest We all have things we d like to change about ourselves which is why many people make New Year s resolutions Yet research shows that only about 8% of resolution makers achieve their goals Making personal change is hard and making changes to established behavior patterns is harder still even though the potential reward is great As the New Year approaches the editors of Scientific American offer this eBook on breaking bad habits and the ultimate satisfaction of making difficult life

changes We open with Section 1 Change Is in the Mind which looks at how our thought processes can either help or hinder these efforts Elaine Fox writes in The Essence of Optimism that negative thinking causes us undue stress and that by reversing this habit we could beat depression anxiety and substance use disorders Another story by Emily Anthes Six Ways to Boost Brainpower informs that the adult brain is far more malleable than we once thought putting to bed the idea of being too old to change and gives practical advice on improving the brain's performance In Section 2 Mastering Good Habits a story by Wray Herbert titled The Willpower Paradox addresses the contradictory notion that if we keep ourselves open to failing instead of willing ourselves not to fail we are more likely to succeed The next two sections focus on procrastination and self discipline two sides of the same coin While certain personality traits like impulsiveness and low self esteem can lead people to put things off we can all break the habit says Trisha Gura in I'll Do It Tomorrow Section 5 tackles Mindfulness and how being fully present in the moment can make us happier It includes one of our most popular articles on the topic Being in the Now by Amishi P Jha Section 6 discusses tips for self improvement many of which involve focusing on the present Finally in Section 7 we close with a discussion of those elusive New Year's resolutions and make lasting personal change whether that involves cutting back on drinking and smoking losing and keep off weight exercising more or keeping the romance alive with your partner or spouse We hope that this eBook will not only help you keep your New Year's resolutions but also master new habits to form the foundation of a new and happier you

Last Call for Liberty Os Guinness, 2018-10-02 The American republic is suffering its gravest crisis since the Civil War Will conflicts hostility and incivility tear the country apart Os Guinness provides a careful observation of the American experiment offering a stirring vision for faithful citizenship and renewed responsibility for not only the nation but also the watching world

Counseling Addicted Families Gerald A. Juhnke, W. Bryce Hagedorn, 2013-08-16 In Counseling Addicted Families Gerald A Juhnke and William Bryce Hagedorn recognize that even those treatment providers who understand the importance of the familial context of addiction are often stymied by the variety of family treatment theories and their often imperfect fit for cases of addiction In this book Juhnke and Hagedorn provide a truly integrated model for assessment and treatment Based upon the authors combined twenty three years of experience in clinical and treatment supervision the Integrated Family Addictions Model consists of six progressive treatment tiers which organize the relevant family treatment theories into a graduated and coherent sequence beginning with the briefest and least costly forms of therapy

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