

Adharanand Finn

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Correr Con Los Keniats Nb No Ficción

Adharanand Finn



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Correr Con Los Kenyatas Adharanand Finn, 2013-10-15 Tras ver durante años cómo los atletas keniatas ganaban las principales carreras de larga distancia en todo el mundo desde las Olimpiadas hasta los grandes maratones urbanos Adharanand Finn colaborador de la revista Runner's World emprendió la tarea *Running with the Kenyans* Adharanand Finn, 2012 Whether running is a recreation a passion or just a spectator sport Finn's incredible journey to the elite training camps of Kenya will captivate Part travelogue part memoir this mesmerizing quest uncovers the secrets of the world's greatest runners and put them to the test

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