



Column Editor: Sandra Hobson

Beyond the test manual of the Cognitive Competency Test (CCT)

Briana Zur

Like many other clinicians working in the field of dementia in the community, I became increasingly frustrated with the assessment tools being used to measure a person's cognition and ability to live safely. The available assessment tools, which include the Cognitive Competency Test (CCT), had many limitations. In my role as an occupational therapist on a geriatric assessment outreach team my team members, including geriatricians and geriatric psychiatrists, frequently requested the results of the CCT to aid in diagnosis and to predict functional implications in everyday life. In the climate of increased accountability within the health care system and the need for evidence-based practice, I began to question the rigor of the data underpinning the CCT.

As I began to investigate the reliability and validity of the CCT, I recognized my own lack of skill and knowledge and so as an empty-nester, I decided to embark on what had been a fantasy of mine: to return to the academic world to study and obtain a Master's degree. My goal in pursuing graduate education is to enhance my ability to make decisions regarding my practice and to be able to read and understand research publications. As my quest began, I started to read everything I could get my hands on regarding the CCT.

Description of the CCT

In 1986, Wang and Ennis addressed the need for an objective and standardized evaluation of cognitive competency and developed the CCT as an assessment tool with the intention that it would reflect the multidimensional concept of mental competency. Wang and Ennis recognized that no one test would be able to measure cognitive competency and therefore viewed the CCT as a component of an overall comprehensive battery of a mental competency evaluation (Wang & Ennis, 1986). Up until 1986, competency was only measured in a medical-legal sense or in the context of psychiatric illness and the information was gained mostly by interview. Wang and Ennis wanted to address the issue of cognitive competency as "an ability to know and to make use of knowledge" (Wang, Ennis & Copland, 1992, p. 1).

The CCT is designed as a test that "incorporates the concept of multidimensionality of cognitive skill

and adopts a practical approach by simulating daily living skills" (Wang & Ennis, 1986, p. 120). The test assesses a wide range of cognitive skills, incorporating twelve subtests that can provide information about a subject's cognitive strengths and weaknesses. These subtests can be combined to yield an Average Total Score (ATS), which is "believed to be an objective, direct, and quantifiable documentation of an individual's level of cognitive competency" (Wang et al., 1992, p. 40). The cognitive skills measured by the CCT include orientation to personal information, social intelligence, memory, reading, financial management, safety, judgment and spatial orientation. The authors of the CCT indicated that the test can also be helpful to identify areas of specific concerns that can be used to guide possible interventions.

Use of the CCT by occupational therapists

Occupational therapists are routinely asked to assess a person's ability to manage in the community and to predict a person's ability to live safely and independently in their home environment. Unpublished survey results indicate that the CCT and the MMSE (Mini Mental Status Examination) are the most commonly used assessment tools among occupational therapists in Ontario (Aronson, Bart, Kyle & O'Keefe, 2002; Assessment tools, 2004). The CCT is the second most utilized assessment tool by occupational therapists in Canada as reported in a survey of cognitive assessments used for older adults (Douglas, Liu, Warren & Hopper, 2005). From a clinical point of view, the tool helps to provide information about how individuals will perform their daily living tasks from a cognitive perspective.

Anecdotal information suggests that some occupational therapists are not using the CCT in its entirety and some are using it to assess the cognitive component of other tasks such as driving. This non-standardized use of the CCT and its use in the assessment of skills that it was not intended to measure further affects the

About the author –
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Cognitive Competency Test Manual

John Spores



Cognitive Competency Test Manual:

Geropsychology Assessment Resource Guide, 1993 Processing of Medical Information in Aging Patients Roger W. Morrell, Kim Shifren, Denise Park, 1999-05 This book addresses the decision making adherence and human factors issues e.g design of medical instructions and text involved in medical treatment of an aging population For gerontologists health psychologists and cognitive aging specialists *An Assessment Guide To Geriatric Neuropsychology* Holly Tuokko, Thomas Hadjistavropoulos, 2014-04-04 At least half of all neuropsychological assessments are performed on elderly persons but the information clinicians need to make appropriate judgment calls is widely scattered Several books offering general descriptions of the cognitive functioning of the aged or of neuropsychological conditions affecting them are helpful to practitioners but do not provide reliable and valid normative information Two books that do provide this information do not focus on geriatric populations A concise yet comprehensive summary of what we now know about those over 65 with an extensive bibliography *An Assessment Guide to Geriatric Neuropsychology* fills the gap The neuropsychological assessment of elderly persons involves not only the performance based measurement of various capacities but heavy reliance on reports from caregivers both formal and informal about the day to day functioning of the affected person It also raises important yet often neglected ethical concerns The authors discuss all the measures that detect and discriminate among cognitive disorders of elderly persons including special measures relevant to caregiver reports and provide useful tables to assist in differential diagnosis They also reflect on the ethical issues that often confront the assessor of an elderly individual informed consent confidentiality the right of bodily autonomy and self determination and appropriate feedback This book will be an invaluable resource for all those called on to evaluate older clients **Assessment of Aphasia** Otfried Spreen, Anthony H. Risser, 2002-11-21 Spreen and Risser present a comprehensive critical review of available methods for the assessment of aphasia and related disorders in adults and children The authors explore test instruments and approaches that have been used traditionally for the diagnosis of aphasia ranging from bedside screening and ratings to tests of specific aspects of language and to comprehensive and psychometrically standardized aphasia batteries Coverage of other methods reflects newer trends including the areas of functional communication testing of bilingual patients psycholinguistic approaches and pragmatic and discourse related aspects of language in everyday life The authors also examine the expansion of language assessment to individuals with non aphasic neurological disorders such as patients with traumatic brain injury lesions of the right hemisphere the healthy elderly and individuals with dementia Taking a flexible and empirical approach to the assessment process in their own clinical practice Spreen and Risser review numerous test instruments and their source for professionals and students in training to choose from in their own use The introductory chapters cover the history of aphasia assessment a basic outline of subtypes of aphasia both neuro anatomically and psycholinguistically and the basic psychometric requirements for assessment instruments The final part discusses issues in general clinical practice specifically questions of

test selection and interpretation The book is a thorough and practical resource for speech and language pathologists neuropsychologists and their students and trainees **Building a Neuropsychology Practice** Marvin H. Podd, Donald P. Seelig, 1998 Addresses the pragmatics of respecialization for clinical psychologists including where to get referrals the transferability of clinical training and how to undertake neuropsychological evaluations and interventions demonstrated by presentation of actual case material *Clinician's Guide to Psychological Assessment and Testing* John Spores, 2012-09-18 Overall this is an excellent guide to the use and administration of psychological tests It provides straightforward directions and instructions on how to utilize testing in such a way as to better inform clinical practice I could see this book as a mainstay on any counselor's bookshelf especially those who are seeking a way to utilize standardized testing in their practice The Professional Counselor Journal Finally a detailed and crystal clear guide to psychological assessment that effectively integrates best practices with the realities of negotiating the mental health care system and insurance providers I plan to draw on this practical guide in my private practice and to incorporate it as a required text in my advanced counseling assessment classes at both the master's and doctoral level This book is a treasure for any mental health professional involved in psychological assessment Joseph G. Ponterotto PhD Professor of Counseling Psychology Fordham University Standardized psychological testing is often essential for reliably determining the presence of a wide range of psychiatric and personality disorders along with effectively addressing related issues that may require a psychological referral This nuts and bolts guide to conducting efficient and accurate psychological testing in clinical settings provides mental health professionals with experienced guidance in the entire process and includes a complete set of forms and templates for all aspects of assessment and testing from the initial referral and diagnostic interview to the final report Based on the author's experience with over two thousand psychological and neuropsychological testing cases this highly practical book presents a standardized process of assessment testing interpretation report writing and presenting feedback to patients family members and other professionals Actual case examples of patients from a wide age range illustrate the assessment and testing process in action The text provides printed and electronic versions of referral and related forms initial psychological assessment report templates that include critical areas of coverage for obtaining insurance approval and interpretation tables for an exceptional inventory of key standardized psychological tests Integral to the book is a review of psychological tests in seven key categories that most effectively address differential diagnostic dilemmas and related referral questions that clinicians are likely to encounter in practice It also provides effective strategies for selecting the appropriate tests based on the particular diagnostic questions guidance for successfully obtaining insurance approval for a targeted yet feasible number of testing hours and an efficient system for simultaneous test interpretation and report writing Key Features Includes an overview of the assessment process from the initial referral to completion of the final report Features effective reviews of commonly used tests including neuropsychological intelligence personality and behavioral inventories Includes print and digital templates

and forms for all phases of assessment and testing Aids clinicians in both private practice and other health care settings to work within managed care and be effectively reimbursed for services Includes information on conducting forensic competency to stand trial assessments including the author s new measure of assessing a defendant s understanding of the legal system *Acquired Aphasia* Martha Taylor Sarno,1998-09-09 With chapters containing up to 50 percent new coverage this book provides a thorough update of the latest research and development in the area of acquired aphasia Coverage includes the symptoms of aphasia assessment neuropsychology the specific linguistic deficits associated with aphasia related disorders recovery and rehabilitation This comprehensive compilation written by some of the most knowledgeable workers in the field provides an authoritative text and reference for graduate students clinicians and researchers Chapters include up to 50 percent new coverage Provides update of latest research in the field Includes writings by the most knowledgeable workers in the field Comprehensive exhaustive reference tool **Handbook of Clinical Psychology Competencies** Jay C Thomas,2010 This three volume handbook describes the core competency areas in providing psychological services relevant to practitioners as well as clinical researchers It covers assessment and conceptualization of cases the application of evidence based methods supervision consultation cross cultural factors and ethics Neuropsychological Assessment Muriel Deutsch Lezak,1995-03-02 The 12 chapters in the second section contain nearly all of the tests and assessment techniques covered in the previous editions plus many additional ones including newly developed neuropsychological tests tests from other branches of psychology research techniques that have only recently been introduced into clinical neuropsychology tests originating in Europe and elsewhere and a few measures as yet untried by neuropsychology that appear to be potentially useful for neuropsychological purposes Thus the third edition of Neuropsychological Assessment maintains its multipurpose functions as an authoritative textbook reference work and practitioner s manual Training Officer's Handbook W. Edward Buchanan Jr.,Bobby Drake,John M. Buckman III,2023-09-13 The Training Officer s Handbook by W Edward Buchanan Jr Bobby Drake and John M Buckman III is the definitive guide for training operations in the modern fire service All firefighters whether volunteer combination or career need in depth realistic training This book replaces the trial and error and school of hard knocks approach for training officers deploying the authors many decades of combined experience to fill the gaps between instructor credentialing and managing a training system As a training officer you re tasked with leading and managing a training system that includes curriculum design program scheduling leading an instructor cadre and mastering the technology required to meet your students where they are in the classroom on the drill ground or remotely This book helps you connect all the critical components of a highly efficient Fire EMS training system in one place It s a book you will keep on your desk at the training academy fire station or even at home

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